

## Covid testing for students at Uppsala university, Campus Gotland

Firstly, welcome to Sweden and Visby! Please read the following information, which has been provided by Region Gotland.

- Specific instructions for testing on arrival in Visby. Only relevant for your first week directly after arrival.
- Where and how to get tested.
- General information about testing in Visby. This information is relevant for the rest of your stay here.
- Information about vaccination.
- Tips for living in a student corridor or similar.

### Day 0 (or as soon as possible)

#### Testing for covid-19 – arrival day

As soon as possible after your arrival in Sweden, preferably on your first or second day in Gotland, you should get tested for covid-19. You should also get tested 5 days later. Even if your first test result is negative, please stay at home and avoid all close contact for 7 days.

The sample is collected from the nose and throat with a special swab stick.

If your first test result is positive, you will be contacted by phone and given advice on how to act while you are infected.

When you are tested, it's important that you provide a working phone number so that we can reach you. It's also important that you answer calls from unknown numbers during the week that follows, as we might try to contact you regarding a positive test result and contact tracing.

Before getting tested you will have to fill in a "personal information form". The University will send you the form by email, and copies will also be available at the Campus Gotland reception. Please make sure that you fill in the form with your information by texting, and remember to bring the form to your PCR test, and a formal ID (passport).

When you get tested you will receive a so called "**reserve number**". **Please save this**, as it will be used when you receive your test result and for future contacts with the Swedish health care.

### Day 5

#### Testing for covid-19 – day 5

Regardless of your test result from your first test you will be contacted. If your test result is positive, you will be given advice on how to act while infected.

You will have to get tested again 5 days after your arrival.

Please remember to stay at home and avoid all close contact until you have received a negative test result from your second test.

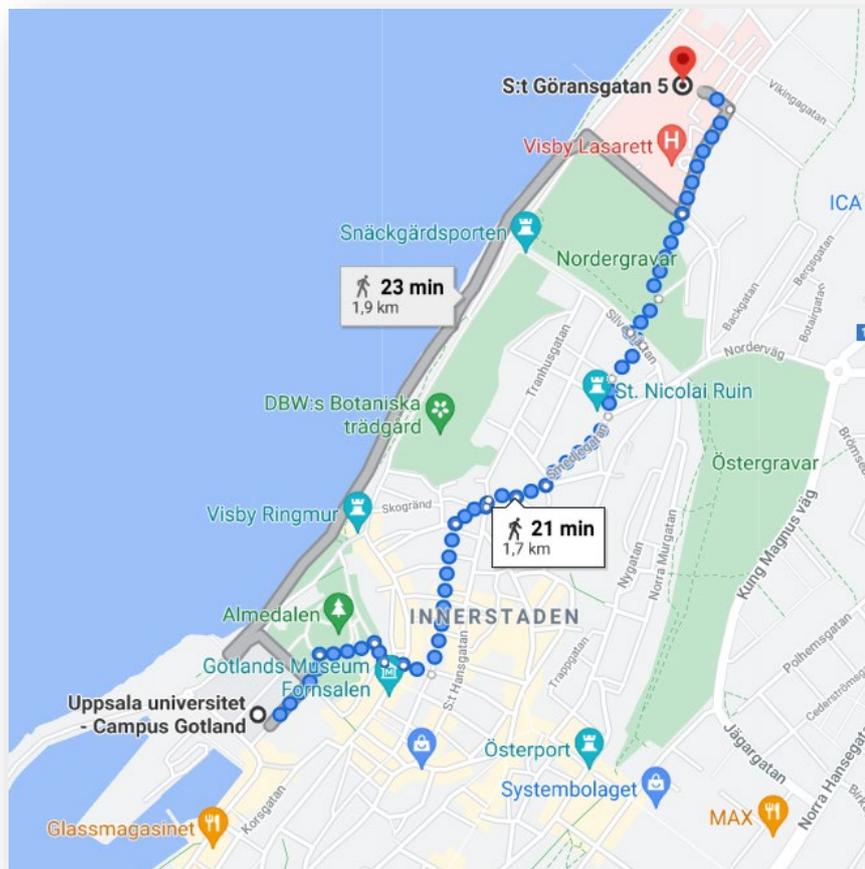
## Where to get tested?

There are testing tents set up outside the hospital in Visby, by the entrance to the emergency department.

**During the weekdays between 23 August – 3 September you will be able to drop in to get tested** without booking an appointment. Please note the drop-in hours below. If you arrive outside of these dates please see “How to book an appointment”.

- Please wait for your turn outside the tent and keep a safe distance from others.
- Remember to bring a valid identification document.
- You will receive your test result by phone within about 2 days after getting tested.
- Before getting tested you will have to fill in a “personal information form”. The University will send you the form by email, and copies will also be available at the Campus Gotland reception. Please make sure that you fill in the form with your information by texting, and remember to bring the form to your PCR test.

**Akutmottagningen Visby Lasarett, Address: S:t Göransgatan 5, 621 55 Visby**



### Drop in hours

Date	Time
23 August	09.30-11.00
24 August	09.30-11.30
25 August	10.00-12.00
26 August	12.40-15.20
27 August	14.00-15.30
30 August	10.00-12.00
31 August	14.30-15.30
1 September	10.00-11.30
2 September	10.00-11.00
3 September	14.30-15.30

## How to book an appointment

Students arriving outside of these dates should call number **(+46) 0498-268931** Monday-Friday 06:30-15:30, to book an appointment to get tested; press 4 for information in English.

If you have a Swedish personal identity number and bank ID you can also book an appointment via [1177.se](https://1177.se) (information in Swedish).

## General information on how to book an appointment for testing

### It's important that you get tested for covid-19

If you are showing symptoms such as fever, sore throat, coughing, runny nose or if you have been in contact with someone who has tested positive for covid-19, we recommend that you get tested for covid-19. The test is free of charge.

The test offered is a PCR test. The PCR test is better at detecting infection than self-tests available in stores or online. Only the PCR samples are analyzed for possible mutations, which is why getting the PCR test is recommended.

### How to book an appointment

You can book an appointment to get tested by calling **(+46) 0498-268931** Monday-Friday 06:30-15:30; press 4 for information in English.

If you have a Swedish personal identity number and bank ID you can also book an appointment via [1177.se](https://1177.se) (information in Swedish).

### Please note!

When you book an appointment, it's important that you provide a working phone number so that we can reach you. It's also important that you answer calls from unknown numbers during the week that follows, as we might try to contact you regarding a positive test result and contact tracing.

When you get tested for covid-19 you will receive a so-called **reserve number**. Please save this, as it will be used when you receive your test result and for future contacts with the Swedish health care.

### How the test works

The test offered is PCR test. The sample is collected from the nose and throat with a special swab stick.

### Remain at home until you receive the test result

It's important that you stay at home until you receive your test result.

### If you have covid-19

If the test result shows that you have covid-19 it's important that you stay at home until you are no longer infected. You are no longer infected when the following points are true:

- You clearly feel better.
- You have not had a fever for the last two days.
- It's been at least seven days since you got sick.
- You do not have to do another test to find out if you are still infected.

### If you don't have covid-19

If the test result is negative and you don't have covid-19 you should remain at home until you feel better and no longer have a fever.

**You can read more about covid-19 and how to get tested at [1177.se](https://1177.se) ([covid-19 in other languages](#)) or at [folkhalsomyndigheten.se](https://folkhalsomyndigheten.se)**

## Information about vaccination

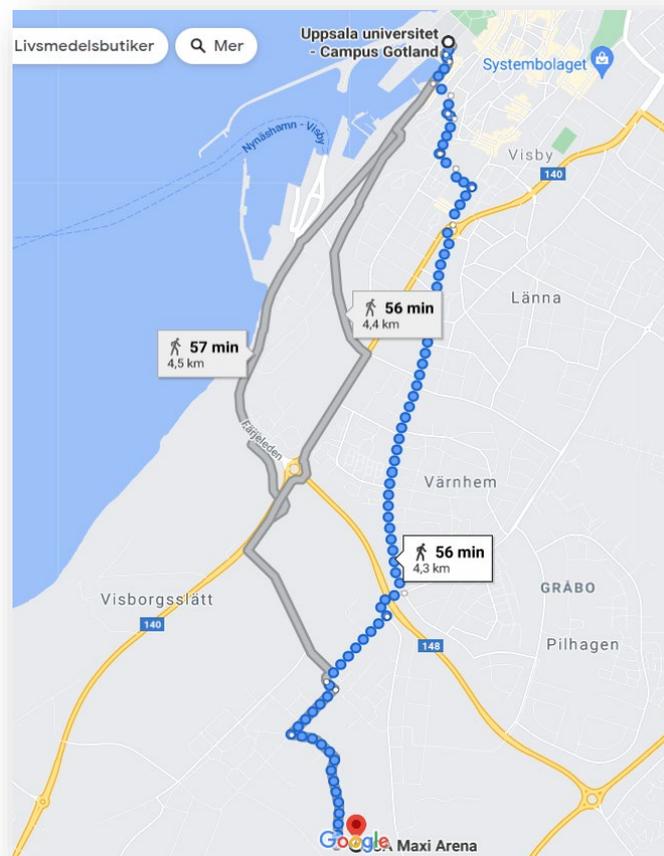
If you would like to get vaccinated on Gotland please call **(+46) 0498-269800** to book an appointment. Information about time and place for your second dose will be given to you when you book an appointment for dose 1.

- You need your reserve number to book an appointment for vaccination.
- The vaccination is given Monday – Friday at ICA Maxi Arena.
- Remember to bring a valid identification document.
- The vaccines available are Pfizer Comirnaty and Moderna Spikevax.
- If you have already had your first dose in another country we can't guarantee that you will get the same vaccine in Sweden.
- If you want a vaccination certificate, you will need a Swedish personal identification number, a Swedish Bank ID or a population registration address.

### **ICA Maxi Arena**

**Address:**

**Idrottsgatan 4, 621 50 Visby**



### Get vaccinated with two doses!

For information about vaccination please see <https://www.gotland.se/languages>.

Continue to:

- Isolate and test yourself if you have symptoms or if you have been in close contact with someone who has tested positive for SARS-CoV-2. PCR tests are free and they are more accurate than quick tests or home tests. Information for how to book a test is on the previous page.
- Avoid large gatherings and unnecessary social contact, even outdoors.
- Use face masks in confined spaces, for example public transport or in grocery shops.

## Tips if you live in a student corridor or similar

If you live in a student corridor or other shared student accommodation: Communicate with your neighbours. Create a chat group to quickly and easily communicate with each other. Update your housing mates on how you are feeling and whether you need help with anything.

### If someone in your housing tests positive for SARS-CoV-2

If possible, try and arrange separate times for using communal areas, for example the kitchen. Make sure that you clean afterwards, and if possible air out the room.

If you have shared toilets: try to keep one toilet for the sick individual.

Avoid close contact with others in the corridor/house, even if they are not sick. Use face masks in communal areas.

Study at home. Contact the course coordinator or your professor and decide on how you can complete any mandatory assignments you may have, either via distance or at a later date – there are bound to be good solutions.